

# *Ketch Studios*

Sing Healthy Sing Happy

## Tips to a Successful Voice Lesson

Following these important steps will help you or your child have the best experience during your lesson and throughout the week.

- ❖ Bring a water bottle. Many students get thirsty while singing, and I will gladly offer you a glass of water if you don't have a water bottle. However, that takes up more of the short time we have together.
- ❖ Bring your straw if you've been given one.
- ❖ Bring a pencil and your music in a binder or folder.
- ❖ Practice the things we discuss in each lesson. I do not require a certain number of practice hours, but reviewing and practicing for 1-2 hours a week will help you improve much more quickly.
- ❖ Record your voice lesson with video. It's amazing what you can learn from watching and listening to yourself. You can hear how well you sound as you apply the technique in the lesson.
- ❖ Get a good night's sleep, stay hydrated, and eat well. Your instrument is your body, so our health habits directly affect the agility in the voice.
- ❖ Be willing and prepared to make mistakes. I've been there and I won't judge your mistakes. Rather, they will inform me on how I can help you improve and make the changes you're looking for!
- ❖ Be confident and have fun!